

MAY IS SPEECH AND HEARING MONTH 2017

Take the **#communicateawareness** challenge!

HOW DOES IT WORK?

1. Think of a message you want to communicate. (For example, ordering something in a restaurant, asking for help in a store or sending well wishes to a friend.) The challenge is to find a way to communicate your message without using your speaking voice.
You could:
 - use sign language and/or gestures
 - use written words and/or pictures
 - use a communication board (an example is available at www.maymonth.ca)
 - use a communication app or online resource, such as:
 - [Let Me Talk app](#)
 - [Text to Speech Reader](#)
 - [American Sign Language University](#)
 - [AAC Speech Buddy](#)

2. Take a photo or video of yourself completing the challenge and post it to Facebook, Twitter, or Instagram using **#communicateawareness**. Feel free to include reactions to your challenge (difficulties you encountered, how it made you feel, how other people responded, etc.)
3. Tag 3 people or groups in your post and call on them to participate in the **#communicateawareness** challenge!

There are many different ways to communicate!

COMMUNICATION IS A BASIC HUMAN RIGHT

ONE IN SIX people in Canada has a speech, language or hearing disorder.



What do Speech-Language Pathologists and Audiologists do?

Speech-language pathologists can help with speech, language and swallowing disorders and much more. Audiologists can help with hearing, balance disorders, auditory disorders like tinnitus (ringing the in ears) and much more.